

# A Healthy Pet Checklist



Once a month, review this list of healthy pet statements. If you answer *false* to any of these statements, call your veterinarian's office immediately for guidance.

## My Pet...

- Is acting normally and in good spirits.
- Breathes normally without straining or coughing.
- Doesn't tire easily from moderate exercise.
- Moves and walks easily, without stiffness or pain.
- Has clean ears with no debris or odor, and doesn't shake his/her head or dig at his/her ears excessively.
- Seems to have normal hearing and reacts as usual to his/her environment.
- Has bright clear eyes that are free of matter.
- Has a moist nose that's free of discharge.
- Has clean white teeth that are free of plaque and tartar.
- Has pink gums with no redness or offensive breath odor.
- Has a full coat with no missing hair, mats, or excess shedding.
- Has healthy skin with no dry flakes, greasy feel, or bad odor.
- Has healthy feet and short nails.
- Is free from fleas, ticks, or mites.
- Is free from lumps or bumps on his/her body.
- Scratches, licks, or chews his/her body as normal; not excessively.
- Has normal thirst and drinks as often and the same amount as usual.
- Has a normal appetite and hasn't lost or gained much weight.
- Doesn't vomit shortly after eating.
- Urinates as often and the same amount as usual.
- Produces what appear to be normal bowel movements and urine.
- Doesn't drag his/her bottom or chew under his/her tail excessively.
- Hasn't had a seizure or fainting episode.